Wearing A Mask

I have to wear a face mask.

I have to wear a face mask when I go out in public.



Wearing a face mask will keep me from getting germs from other people.



The face mask may feel uncomfortable or be hot.



I can keep on the face mask to keep me and my body safe from the germs.



When it is time to take off my mask, I can throw it away if it is disposable.



If I have a mask made of fabric, I can put it in the wash to be washed.



When I'm done, I can wash my hands to get the germs off my hands.



I can do these things to keep myself safe and keep the germs away!

